Families for Literacy Program Newsletter June, 2020



Due to the shelter-in-place-order all storytimes at the library are cancelled until further notice.

Check out our online storytime on facebook, or youtube:

https://www.facebook.com/LakeCountyLibrary/

https://www.youtube.com/watch?v=rruGFceMQ4A&feature=youtu.be&fbclid=I



Find all you need to know for the Summer Reading Program here: http://www.lakecountyca.gov/Government/Directory/Lake County CA Library/Events/SRP.htm

When school is closed and you're mainly stuck at home, it's super easy for the next weeks to become a screen free-for-all. Home isolation would be so much more difficult without technology, but too much screen time can make everyone go a little crazy! Here are a few suggestions to help:

SCREEN-FREE ACTIVITIES WHEN YOU'RE STUCK AT HOME



INDOOR ACTIVITIES:

© BUILDING FORTS as special hangouts!

Use a Fitted Sheet Over a Table: Throw a few sheets over a table to make 'walls' and use a fitted sheet to hold them in place - this works like a charm! A great spot for quiet time

Tips for starting quiet time and making it happen:

Use the same phrase each time: "This is your time. You can choose to nap, rest, read, or play quietly. This is YOUR time. Have fun. I'll be back to get you when quiet time is over."

Make it a ritual and let your kids know just how important this time is and that there is no budging.

- Firm. Clear. Consistent boundaries. Let your kids know the expectation.
- Have a flow and order of events like: play time 1pm, quiet time activities 2:30pm, screen time 3:30pm

• MAKE CARDS FOR FAMILY AND FRIENDS

This is a great way to stay connected while physically apart from the people we love.

© PAINTING ROCKS

They will have to step outside to pick out a rock, but then they can bring it inside for painting. They could paint fun animal faces or patterns.



OUTDOOR ACTIVITIES:

SIDEWALK CHALK

It's an oldie but goodie and tends to keep kids busy and engaged for a good amount of time. Maybe even do it in your front yard and write messages to your neighbors!

Institute quiet time. If your kids are home all day, every day, you NEED quiet time to break up the day and maintain your sanity.



© HAVE A TEA PARTY OR PICNIC OUTSIDE

It's amazing what some sunshine and fresh air can do!

© NATURE SCAVENGER HUNTS

Have children spy various items of certain descriptions, like two things that are soft. Or have them pick their favorite tree to draw a picture of it when they get home. Or have them look for wiggly bugs! Easy DIY-bug spray:

- 2 ounces liquid oil like jojoba (which is non-greasy) or olive oil
- ●35-40 drops "Shield Me" essential oil (formulated for children ages 2-10,

Mix together and add to a (glass) spray bottle. Store dark and cool. Lasts 2-3 months.

Wiggly bugs all around us: about bugs and

Can you move with me?

Tune: "Do Your Ears Hang Low"

Can you wiggle like a worm?

Can you squiggle? Can you squirm?

Can you flutter? Can you fly like a gentle butterfly?

Can you crawl upon the ground

Like a beetle that is round?
Can you move with me?

Can you flip? Can you flop?
Can you give a little hop?
Can you slither like a snake?
Can you give a little shake?
Can you dance like a bee
Who is buzzing round a tree?
Can you move with me?

butterflies

Big bugs, small bugs Tune "Frere Jacques"
Big bugs, small bugs, big bugs, small bugs,
See them crawl on the wall?
Creepy, creepy, crawling, never, never falling.
Bug, bugs, bugs, bugs, bugs, bugs.

SING with us

Little Wiggle Worm Song

Tune "I'm a Little Teapot"
I'm a little wiggle worm, watch me go!
I can wiggle fast, or very very slow
I wiggle all around, then back I go
Down into the ground to the home I know

A Fly is on my toe

elbow, my knee, etc..

Tune: "Farmer in the Dell"

A fly is on my toe,

A fly is on my toe,

Hi-ho, just watch me blow.

A fly is on my toe

Other verses: A fly is on my nose, my head, my ear, my

Bug Fingerplay

1, 2, 3 (hold up fingers)

There is a bug on me! (point to shoulder)
Where did it go? (brush off)

I don't know (shrug Shoulder and look really puzzled)

Flutter, flutter, Butterfly

Tune "Twinkle, Twinkle, Little Star"

Flutter, flutter, butterfly. Floating in the summer sky. Floating by for all to see, Floating by so merrily.

Flutter, flutter, butterfly, Floating in the summer sky.

Roly-Poly Caterpillar Fingerplay

Roly-poly caterpillar (wiggle right pointer finger)
Into a corner crept, (place right pointer finger in left cupped hand)

Spun around himself a blanket (spin around)

Then for a long time slept. (place head on folded hands)

Roly-poly caterpillar (wiggle right pointer finger)

Wakening by and by, ("stretch" right pointer finger)

Found himself with beautiful wings

Changed to a butterfly. (flutter arms like wings)

CRAFT with us



Egg carton cater pillars!

Use half of a cardboard egg carton,

paint,

wiggle eyes, pipe cleaners.



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